



Ingleside Notes

A “Word of Exhortation”

The Message of the Book of Hebrews

Sunday, September 1, 2019 • Tim McCoy, Lead Pastor

A Chapter a Day

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| <input type="checkbox"/> Sunday, September 1 | Hebrews 6 | If you would like to receive a short, daily email to help you better understand and apply the chapter we are reading together each day, please sign up by texting the word Chapter to 22828 . |
| <input type="checkbox"/> Monday, September 2 | Hebrews 7 | |
| <input type="checkbox"/> Tuesday, September 3 | Hebrews 8 | |
| <input type="checkbox"/> Wednesday, September 4 | Hebrews 9 | |
| <input type="checkbox"/> Thursday, September 5 | Hebrews 10 | |
| <input type="checkbox"/> Friday, September 6 | Hebrews 11 | |
| <input type="checkbox"/> Saturday, September 7 | Hebrews 12 | |

I appeal to you, brothers, bear with my word of exhortation,
for I have written to you briefly.
(Hebrews 13:22, ESV)

A “word of exhortation” (Gk., *paraklesis*) can be . . .

- a word of _____.
- a word of _____.
- a word of _____.
- a word of _____.
- a word of _____.

A “word of exhortation” is often needed when . . .

- when you are beginning something _____
- when you are facing something _____
- when you are in the middle of something _____
- when you are enduring something _____

Five “exhortations” for All Who Follow Jesus

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, ²looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God. ³Consider him who endured from sinners such hostility against himself, so that you may not grow weary or fainthearted.

(Hebrews 12:1-3, ESV)

1. You are not the _____, and you are not _____.
2. _____.
3. _____ the _____.
4. _____ – keep your _____ on Jesus.

⁷ It is for discipline that you have to endure. God is treating you as sons. For what son is there whom his father does not discipline?

⁸ If you are left without discipline, in which all have participated, then you are illegitimate children and not sons. ⁹ Besides this, we have had earthly fathers who disciplined us and we respected them. Shall we not much more be subject to the Father of spirits and live? ¹⁰ For they disciplined us for a short time as it seemed best to them, but he disciplines us for our good, that we may share his holiness. ¹¹ *For the moment* all discipline seems painful rather than pleasant, *but later* it yields the peaceful fruit of righteousness to those who have been trained by it.

(Hebrews 12:7-11, ESV)

5. Embrace the _____ to get the _____.

*Therefore, my beloved brothers, be steadfast, immovable,
always abounding in the work of the Lord,
knowing that in the Lord your labor is not in vain.*

(1 Corinthians 15:58, ESV)