



Ingleside Notes

Truth for Troubled Times

Sunday, March 22, 2020 • Tim McCoy, Lead Pastor

46 TO THE CHOIRMASTER. OF THE SONS OF KORAH. ACCORDING TO ALAMOTH. A SONG.

- ¹ God is our refuge and strength,
a very present help in trouble.
- ² Therefore we will not fear though the earth gives way,
though the mountains be moved into the heart of the sea,
- ³ though its waters roar and foam,
though the mountains tremble at its swelling. *Selah*
(Psalm 46:1-3, ESV)

1. We are living in unusually _____ times.
2. In these troubled times, . . .
 - ***God is our*** _____ ***- our “safe place.”***
 - ***God will give us the*** _____ ***we need.***
 - ***God is*** _____ ***available to*** _____ ***us.***
3. If we trust in God, we need not be _____.

14 *“Let not your hearts be troubled. Believe in God; believe also in me.”* ²In my Father’s house are many rooms. If it were not so, would I have told you that I go to prepare a place for you? ³And if I go and prepare a place for you, I will come again and will take you to myself, that where I am you may be also. ⁴And you know

the way to where I am going.” ⁵ Thomas said to him, “Lord, we do not know where you are going. How can we know the way?”

⁶ Jesus said to him, “I am the way, and the truth, and the life. No one comes to the Father except through me. (John 14:6, ESV)

4. _____ Jesus is the way to experience
God’s peace now and _____ life hereafter.

A Prayer for Troubled Times

Dear God,

During these troubled times, I need you. Please help me.

I realize now more than ever that I’m not in control and that my life and my future are ultimately in your hands.

I’m sorry for my sins, O God. Please forgive me. I am willing to turn from my sinful ways and submit to you.

I believe that Jesus is your Son, that he died on the cross for my sins, rose from the grave, is at your right hand today, and one day will come again as King of kings and Lord of lords.

So, today I receive Jesus by faith as my Savior, and I commit to following him as my Lord.

I pray in Jesus’ name. Amen.

⁹ because, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. ¹⁰ For with the heart one believes and is justified, and

with the mouth one confesses and is saved. ¹¹ For the Scripture says, “Everyone who believes in him will not be put to shame.”

¹² For there is no distinction between Jew and Greek; for the same Lord is Lord of all, bestowing his riches on all who call on him.

¹³ For “everyone who calls on the name of the Lord will be saved.”
(Romans 10:9-13, ESV)

7 Practical Steps to take in these Troubled Times

- 1. Engage with God through Scripture and prayer every day.** Join with hundreds of us as we read God's word "a chapter a day" (text the word **Chapter** to **22828** or sign up online [here](#)). Jesus said: "If you abide in my word, you are truly my disciples" (John 8:31b, ESV). Deep spiritual roots will enable you to weather any storm.
- 2. Worship with our family of faith online.** We are not gathering on campus currently, but you can join our live-streamed worship service on our Ingleside Facebook page or at ingleside.org/live every Sunday morning at 11:00 a.m. If you miss the livestream, the full service can be accessed later on our Ingleside Facebook page or on our website. We will resume our "in person" gatherings as soon as is prudent and wise. After all, the Bible says: "And let us consider how to stir up one another to love and good works, *not neglecting to meet together*, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near" (Hebrews 10:24-25, ESV).
- 3. Love your neighbor by doing your part to slow the spread of the virus.** Follow the guidance of our governmental leaders ([15 Days to Slow the Spread](#)). Practice social distancing. If you are older, take special precautions. Avoid discretionary travel, shopping, and social visits. Work or do school from home if possible. Practice good hygiene. As the Bible says, "So whoever knows the right thing to do and fails to do it, for him it is sin" (James 4:17, ESV).
- 4. Stay connected by phone and other technology.** Our pastoral staff and ministry leaders are stepping up our contacts with Ingleside members – especially those who are older. I hope you will join us. Don't make face-to-face visits now. But as you talk on the phone, offer encouragement, identify needs

you may be able to help meet, and pray together. Isolation and loneliness are tools the enemy uses to try to discourage us. So stay in touch often – “encourage one another and build one another up” (1 Thessalonians 5:11, ESV).

5. Trust and transmit only information from reliable sources.

Facts are our friends. But we should be careful not to believe everything we read or hear. Don't post, forward, like, or share unverified rumors. The Bible warns us not to be “gossips and busybodies, saying what [we] should not” (1 Timothy 5:13, ESV).

6. Look for practical ways to help and serve others. Offer to get groceries or medicine for older people. Consider giving blood or making a contribution to a food bank. Patronize local restaurants (use drive-thru, pickup, or delivery) and other businesses even as you practice social distancing.

7. Pray earnestly. Pray for the spread of the virus to be slowed and eliminated. Pray for the recovery of those who have been infected. Pray for the protection of all who are providing medical care. Pray for the speedy development of a vaccine and new treatments. Pray God's comfort and mercy for those who have lost loved ones. Pray that God would guide our governmental and business leaders. Pray that God would use this crisis to lead many to turn to Jesus in repentance and faith. Ask God to help you love others generously and share the gospel with confidence and joy.

A Chapter a Day

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|--|-------------|
| <input type="checkbox"/> Sunday, March 22 | 1 Samuel 31 |
| <input type="checkbox"/> Monday, March 23 | John 1 |
| <input type="checkbox"/> Tuesday, March 24 | John 2 |
| <input type="checkbox"/> Wednesday, March 25 | John 3 |
| <input type="checkbox"/> Thursday, March 26 | John 4 |
| <input type="checkbox"/> Friday, March 27 | John 5 |
| <input type="checkbox"/> Saturday, March 28 | John 6 |

If you would like to receive a short, daily email to help you better understand and apply the chapter we are reading together each day, please sign up by texting the word **Chapter** to **22828**