



Building Endurance to Go the Distance: How to Develop the Power to Persevere

Sunday, January 16, 2022 • Tim McCoy, Lead Pastor

A Chapter a Day

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| <input type="checkbox"/> Sunday, January 16 | John 7 |
| <input type="checkbox"/> Monday, January 17 | John 8 |
| <input type="checkbox"/> Tuesday, January 18 | John 9 |
| <input type="checkbox"/> Wednesday, January 19 | John 10 |
| <input type="checkbox"/> Thursday, January 20 | John 11 |
| <input type="checkbox"/> Friday, January 21 | John 12 |
| <input type="checkbox"/> Saturday, January 22 | John 13 |

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Hebrews 12:1-3

12 Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, ²looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God.

³ Consider him who endured from sinners such hostility against himself, so that you may not grow weary or fainthearted.

(Hebrews 12:1-3, ESV)

	<u>Not much</u>					<u>A lot</u>
1. Weariness	1	2	3	4	5	
2. Discouragement	1	2	3	4	5	
3. Opposition	1	2	3	4	5	
4. Frustration	1	2	3	4	5	

My power to persevere will increase . . .

1. When I gain _____ from those who have gone _____ me. (v. 1a)

2. When I _____ . (v. 1b)

3. When I adjust my _____ to match the _____ and _____ of my race. (v. 1c)

“endurance” → Greek NT, *hupomone*

→ literally, “a remaining under”

→ “capacity to continue to bear up under difficult circumstances” (*Greek-English Lexicon*)

→ “steadfastness; constancy; perseverance; in the NT the characteristic of a man who is not swerved from his deliberate purpose and his loyalty to faith and piety by even the greatest trials and sufferings” (*Enhanced Strong’s Lexicon*)

4. When I _____ with others who share my values and purpose. (v. 1)

And let us consider how to *stir up one another* to love and good works, ²⁵ not neglecting to meet together, as is the habit of some, but *encouraging one another*, and all the more as you see the Day drawing near. (Hebrews 10:24-25, ESV)

5. When I _____ my _____ on _____ . . . day after day after day. (vv. 2-3)